

## West Virginia Prep Football Southern Summit

*C&C's WV Prep Football Southern Summit is an educational event designed for in-state football players. The event focuses on learning fundamentals, drills, testing, and general recruiting knowledge. While there is some competition involved, it is not an evaluation or exposure event; rather, it is intended to help players prepare for those types of events.*

### When & Where Is It?



The event will take place on **Saturday, April 11, 2026**, at the **Herbert Hoover High School** football stadium. **Registration will begin around 8:30 AM**, with the camp running from **9:00 AM to approximately 11:00 AM–11:30 AM**. The exact end time will depend on attendance to ensure all players receive quality reps.

### Who Can Attend?



The event is open to **rising seventh graders through rising twelfth graders**. No invitation is required, and all positions are welcome. Players from any part of the state may attend. Participants can **pre-register** or **walk up** and register on the day of the event.

### What Will the Event Entail?



The event will be highly organized and instructional. Players will begin with foundational teaching on basics such as **mobility mechanics**. Instruction will also cover **testing techniques** for the 40-yard dash, 5–10–5 shuttle, and broad jump. The camp will then move into position-specific work, focusing on **technique, scheme, and competition**.

### Other Frequently Asked Questions



#### Can I change positions before or during camp?

Yes. Players may change positions at any time.

#### What gear do I need?

Cleats are required. Players may also bring gloves or any other gear they typically wear. Helmets are not needed. Quarterbacks and specialists are advised to bring their own football.

#### Can the event be canceled due to weather?

If there is inclement weather, the event will be delayed until it is safe to begin or resume.

For more info, reach out to  
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